



Schenectady Inner City Food Program Food Pantry



SICM Mission: Relating the resources of the congregations to the needs of the community.

Program Vision: Everyone has access to healthy, nutritious foods.



Community Garden

- Residents grow fresh fruits and vegetables.
- Residents participate in the garden by maintaining their own plots.
- Garden operates April through November.
- Economic benefit: gardeners save money and may donate extra produce to the pantry.

Food Pantry

- **Bags of nutritious groceries** available to households in Schenectady County.
- **Open** year-round; Monday, Wednesday, Thursday and Friday; contact pantry for eligibility requirements.
- **Van rides home** are available to guests.
- **Mass distribution** of groceries is held on the last Thursday of each month.

Support Services

- On-site help with Food Stamp/**SNAP** applications.
- Agency **referrals**.
- Information on health insurance and employment.
- **Nutrition education** and food demonstrations .
- **Sit & Knit:** Guests and volunteers knit together.
- **Senior Connect:** Provides activities that encourage healthy food and lifestyle.
- **Advocacy.**
- And more...

Volunteers are need!!

Faith based organizations, congregations and individuals may volunteer to assist with all services of the Food Program.



SICM Main Office
1055 Wendell Avenue
Schenectady, NY 12308
Main: 518.374.2683
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SICM Food Pantry
839 Albany Street
Schenectady, NY 12307
Pantry Phone
518.346.4445

Pantry Deputy Director
Shelly Ford

Impact & Results—2016

- **2016: 47,500 children, adults and seniors received groceries equivalent of 430,000 meals)**
- **3,500 households received bulk groceries.**

Funding provided in part by:
NYS HPNAP

Other Supporters
Regional Food Bank
Concerned for Hungry
Post Office Food Drive
Annual SICM Fund-raisers (Soup'er Bowl, Harvest for the Pantry)
Individual Donors
Congregations
And others

This flyer may be downloaded on www.sicm.us, What We Do?; Food Insecurity; Food Program.

PHONE: 518.346.4445